





In this exercise, children develop the skill of writing letters by tracing the letter shape with a finger. For h – go top to bottom, up and over, and then make a tail; for m – go top to bottom, up and over, and make a tail. Help your child to write over the letter shape by beginning with the big dot and following the direction of the arrow(s). When writing the letters, call each one by its name, stressing to your child that it is the name of the letter. You can describe each letter movement as outlined or create your own description to suit your child. Describing and talking about the letter shaping movement is helpful.